

## **2015 WCRD Track & Field Program Information**

Welcome to the 2015 Wayne County Parks & Recreation Youth Track & Field Program! The goal of this program is to promote health and physical fitness, good sportsmanship, learning of fundamentals, and to provide a fun and worthwhile leisure activity for participants, coaches, and parents. We hope that the following information will answer most of your questions.

1. **TEAMS:** There will be no evaluations for track unless WCRD has enough participants registered to form two (2) or more teams.
2. **UNIFORMS:** Each participant will be issued a jersey and shorts. Complete uniform must be worn to all games. Uniform issue will be coordinated through the team coach. Uniforms must be returned to WCRD at the end of the track season. Participants will be given a track t-shirt with their uniform which they are allowed to keep.
3. **AWARDS:** Ribbons will be given to participants who place at the GRPA District and State meets.
4. **PRACTICES AND MEETS:** Teams are allowed to meet no more than 3 times per week, including meets. Practices are not to exceed 2 hours in length. Meets will be conducted on Tuesdays and Thursdays, starting March 10 and ending March 26 in conjunction with the Liberty County Recreation Department (LCRD) at the LCRD track in Hinesville. A total of 4 meets will be conducted. **Unexcused absence(s) from practice may result in sitting out the following meet(s).**
5. **INFO:** To stay up to date with important season info including RAINOUTS be sure to:



6. **SPORTSMANSHIP:** Learning good sportsmanship is an important part of the sports experience for children and is a very high priority at WCRD. Participants, coaches, and spectators will be required to demonstrate good sportsmanship at all times. Taunting or yelling at opposing players, teams, or the officials will not be allowed. Adults must serve as good role models by exhibiting good sportsmanship as spectators. **Those that violate this rule may lose their privilege to participate in this program.**
7. **ALL STARS:** Unless WCRD has enough participants register to form two (2) or more teams each participant is eligible for GRPA All-Stars. If WCRD has two or more track teams the following procedure will take place: After all meets have been conducted, an All Star team will be formed to participate in the Georgia Recreation & Parks Association District Track Meet. All Stars will be selected by league coaches based on results from the LCRD meets. Out of county residents are not eligible for All Star teams.

Results of track meets are submitted weekly to the Coastal Courier. Results may also be obtained at the LCRD web site at [www.lcrd.net](http://www.lcrd.net).

Parents should remember that WCRD coaches are volunteers and not necessarily experts on track and field. They may make mistakes but at least they are willing to sacrifice their time to work with the children. If there is a serious problem with your child's coach, please notify the WCRD Office immediately.