

July 27, 2021

Community Members,

Due to the recent rise in COVID-19 cases across the country, local community leaders who comprise the Wayne County COVID-19 Task Force encourage everyone ages 12 and up to strongly consider being vaccinated to aid in reducing the spread of the virus. Those who are not yet vaccinated remain at the greatest risk of contracting the virus.

The Task Force would also like to take this opportunity to dispel some of the myths regarding the vaccination (source: Johns Hopkins Medicine, https://www.hopkinsmedicine.org/).

MYTH: Getting the COVID-19 vaccine gives you COVID-19.

FACT: The vaccine for COVID-19 cannot and will not give you COVID-19. The two authorized mRNA vaccines instruct your cells to reproduce a protein that is part of the SARS-CoV-2 coronavirus, which helps your body recognize and fight the virus, if it comes along. The COVID-19 vaccine does not contain the SARS-Co-2 virus, so you cannot get COVID-19 from the vaccine. The protein that helps your immune system recognize and fight the virus does not cause infection of any sort.

MYTH: The side effects of the COVID-19 vaccine are dangerous.

FACT: In April 2021, the CDC temporarily paused and then resumed use of the Johnson & Johnson vaccine. The Pfizer and Moderna COVID-19 vaccines can have side effects, but the vast majority are very short term —not serious or dangerous. The vaccine developers report that some people experience pain where they were injected; body aches; headaches or fever, lasting for a day or two. These are signs that the vaccine is working to stimulate your immune system. If symptoms persist beyond two days, you should call your doctor.

If you have allergies — especially severe ones that require you to carry an EpiPen — discuss the COVID-19 vaccine with your doctor, who can assess your risk and provide more information about if and how you can get vaccinated safely.

MYTH: If I've already had COVID-19, I don't need a vaccine.

FACT: People who have gotten sick with COVID-19 may still benefit from getting vaccinated. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, people may be advised to get a COVID-19 vaccine even if they have been sick with COVID-19 before.

MYTH: Researchers rushed the development of the COVID-19 vaccine, so its effectiveness and safety cannot be trusted.

FACT: Studies found that the two initial vaccines are both about 95% effective — and reported no serious or life-threatening side effects. There are many reasons why the COVID-19 vaccines could be developed so quickly. Here are just a few:

- The COVID-19 vaccines from Pfizer/BioNTech and Moderna were created with a method that has been in development for years, so the companies could start the vaccine development process early in the pandemic.
- China isolated and shared genetic information about COVID-19 promptly, so scientists could start working on vaccines.
- The vaccine developers didn't skip any testing steps but conducted some of the steps on an overlapping schedule to gather data faster.
- Vaccine projects had plenty of resources, as governments invested in research and/or paid for vaccines in advance.
- Some types of COVID-19 vaccines were created using messenger RNA (mRNA),
 which allows a faster approach than the traditional way that vaccines are made.
- Social media helped companies find and engage study volunteers, and many were willing to help with COVID-19 vaccine research.
- Because COVID-19 is so contagious and widespread, it did not take long to see if the vaccine worked for the study volunteers who were vaccinated.
- Companies began making vaccines early in the process even before FDA authorization so some supplies were ready when authorization occurred.

David Earl Keith, Mayor, City of Jesup