Helpful tips to help minimize the spread of Coronavirus:

* Take temperature before you go out in public or to grocery store anything above 100.4 call physician
* Keep distance from people
* Avoid contact with people
* Protect the elderly
* Do not go to hospital if you feel sick, call your doctor first unless it is an EMERGENCY
* Wash Hands frequently or sanitize hands frequently
* Clean surfaces and door knobs
* Follow CDC (center for disease control) guidelines